

## Couple therapy

Couple relationships often bring challenges. In the couple therapy sessions, we discuss your problems and issues and focus on finding coherent solutions. I help you to get to know yourselves and to develop better, both individually and as a couple. We look at the situation(s) together, and I provide you with the space and the means to overcome the obstacles. I am confident that my individualised couple therapy will be beneficial and inspiring for you.

Get in touch to arrange a first appointment.

Irina Simonett

[irina.simonett@hin.ch](mailto:irina.simonett@hin.ch)

077 512 19 64

