

Information about the theme evening (group course)

Everyone has different issues and challenges in life. Sometimes these are overwhelming, and it helps to address them more closely with professional support. In addition to the individual therapies/coaching sessions, I offer themed evenings as a group course, in which we discuss different topics, as required, in the group. A protected environment is guaranteed. As a participant, you can bring up a topic, which will be addressed in the group. You will be amazed! You are not alone in your issues.

The course is run by Irina Simonett. You are welcome to register by [per Email](mailto:irina.simonett@hin.ch) to irina.simonett@hin.ch. It would be great to have you there.

